

EFFECTS OF TIME MANAGEMENT PRACTICES ON EMPLOYEE PERFORMANCE IN DEPOSIT MONEY BANKS IN ADAMAWA STATE, NIGERIA

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Abstract

The need for time management has become popular and thus it is essential not only as a motivating tool behind workers' performance and productivity on job, but as a yardstick for the general performance of the organization. Good time management helps in being more creative, more productive, save money and prevent working ridiculous hours and to greatly improves the chances of success in business. The main objective of the study was to investigate the effect of time management practices on employee performance in DMBs in Adamawa state, Nigeria. The specific objectives of the study were to determine the relationship between prioritizing of goals and profitability in DMBs in Adamawa state; examine the influence of action planning on employee performance in DMBs in Adamawa state; assess the relationship between setting goal and employee productivity in DMBs in Adamawa state. Data for the study were collected from primary sources using structured questionnaire. The study randomly selected 187 respondents from Adamawa State. In the analysis of the data collected, both descriptive and inferential statistics (multiple regression analysis) were used. The result of the multiple regression analysis showed that there is a significantly positive relationship between prioritizing of goals and employee performance in DMBs in Adamawa State (the significant value $p < 0.05$). Similarly, action planning positively influences the performance of employees of DMBs in Adamawa State. This relationship has significant value $p < 0.05$. Also, there is a significantly positive relationship between goal setting and employee productivity in deposit DMBs in Adamawa State. The study concludes that DMBs utilize effectively all the variables that enhance time management and employee performance. The study recommended that all variables that can enhance time management and employee performance should be utilized effectively.

Keywords: Time Management Practices, Performance, Deposit Money Banks